

# Scoring Template



## 0-7 = LOW RISK

- Review any responses of concern e.g. episodic heavy drinking, drinking if pregnant
- Using the Handycard, provide feedback and remind of guidelines

For clinical support phone the NSW Drug & Alcohol Specialist Advisory Service on **(02) 9361 8006** or **1800 023 687**

To find alcohol treatment services, phone the Alcohol & Drug Information Service on **(02) 9361 8000** or **1800 422 599**

## 8-12 = AT RISK DRINKER

Your patient is drinking too much or has had problems e.g. binge drinking (check Item 3).

- Review any responses of concern
- Using the Handycard provide brief intervention
  - **F**eedback
  - **L**isten
  - **A**dvice your patient to cut down on drinking
  - **G**oals
  - **S**trategies
- Hand out booklet

## 13+ = HIGH RISK of dependence

Your patient is likely to be dependent on alcohol.

- Review any responses of concern
- Assess dependence & withdrawal symptoms
- Physical exam & blood tests
- Feedback and listen
- Advise: Goal of abstinence for one month or permanently
- Strategies:
  - Management of withdrawals if required
  - Relapse prevention medicines
  - Hand out booklet
- Arrange followup

0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
0	1	2	3	4
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